Microwave Oven Owner's Instructions & Cooking Guide

Please be advised that the Samsung warranty does NOT cover service calls to explain product operation, correct improper installation, or perform normal cleaning or maintenance.

imagine the possibilities

Thank you for purchasing this Samsung product. To receive more complete service, please register your product at

www.samsung.com/register

SAMSUNG

USING THIS INSTRUCTION BOOKLET

You have just purchased a SAMSUNG microwave oven. Your Owner's Instructions contain valuable information on cooking with your microwave oven:

- Safety precautions
- Suitable accessories and cookware
- Useful cooking tips
- Cooking tips

LEGEND FOR SYMBOLS AND ICONS



ENGLISH

Hazards or unsafe practices that may result in severe personal injury or death.

*



Hazards or unsafe practices that may result in minor personal injury or property damage.



Warning; Hot surface

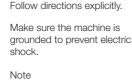
Do NOT touch.

Warning; Explosive material

Unplug the power plug from the wall socket.

Call the service center for help.

Important



IMPORTANT SAFETY INSTRUCTIONS READ CAREFULLY AND KEEP FOR FUTURE REFERENCE.

Make sure that these safety precautions are obeyed at all times.

Before using the oven, confirm that the following instructions are followed.

A WARNING (Microwave function only)

- **WARNING:** If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.
- **WARNING:** It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
- **WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode.
- This appliance is intended to be used in household only.

★ WARNING: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.	The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.	EZ
★ WARNING: This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are aged from 8 years and above and supervised.	If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.	ENGLISH
	★ WARNING: Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.	
	★ WARNING: The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.	
Only use utensils that are suitable for use in microwave ovens.	Eggs in their shell and whole hard-boiled eggs should not be heated in microwave	
When heating food in plasitic or paper containers, keep an eye on the oven due to the possibility of ignitions.	ovens since they may explode, even after microwave heating has ended.	
	★ The oven should be cleaned regularly and any food deposites removed.	

HSI _	■ Failure to maintain the oven in a clean conditioin could lead to deterioration of the surface that could adversely affect the life	★ This oven should be positioned proper direction and height permitting easy access to cavity and control area.	
	of the appliance and possibly result in a hazardous situation.	Before using the your oven first time, oven should be operated with the water during 10	
ENG	The appliance is not intended for installing in road vehicles, caravans and similar vehicles etc.	 minute and then used. If the oven generates a strange noise, a burning smell, or smoke is emitted, unplug 	
G	★ This appliance is not intended for use by persons (including children) with reduced	the power plug immediately and contact your nearest service center.	
U	 physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance. 	The microwave oven has to be positioned so that plug is accessible.	
		 The microwave oven is intended to be used on the counter or counter top use only, the microwave oven shall not be placed in a 	
		cabinet.	
	If the supply cord is damaged, it must be replaced by the manufacturer, its service	WARNING (Oven function only) - Optional	
	agent or similarly qualified persons in order to avoid a hazard.	WARNING: When the appliance is operated in the combination mode, children should	
Ć	S WARNING: Liquids or other foods must not be heated in sealed containers since they are	only use the oven under adult supervision due to the temperatures generated.	
	liable to explode;	During use the appliance becomes hot. Care should be taken to avoid touching heating	
	water jet.	elements inside the oven.	

Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which	
be high when the appliance is operating.	ENGLISH
The door or the outer surface may get hot when the appliance is operating	
 Keep the appliance and its cord out of reach of children less than 8 years. 	I
Appliances are not intended to be operated by means of an external timer or separate remote-control system.	
This product is a Group 2 Class B ISM equipment. The definition of group 2 which contains all ISM equipment in which radio- frequency energy is intentionally generated and/ or used in the form of electromagnetic radiation for the treatment of material, and EDM and arc welding equipment. For Class B equipment is equipment suitable for use in domestic establishments and in establishments directly connected to a low voltage power supply petwork which supplies	
	 metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass. The temperature of accessible surfaces may be high when the appliance is operating. The door or the outer surface may get hot when the appliance is operating. Keep the appliance and its cord out of reach of children less than 8 years. Appliances are not intended to be operated by means of an external timer or separate remote-control system. This product is a Group 2 Class B ISM equipment. The definition of group 2 which contains all ISM equipment in which radio-frequency energy is intentionally generated and/ or used in the form of electromagnetic radiation for the treatment of material, and EDM and arc welding equipment.

INSTALLING YOUR MICROWAVE OVEN

Place the oven on a flat level surface 85 cm above the floor. The surface should be strong enough to safety bear the weight of the oven.

1.When you install your oven, make sure there is adequate ventilation for your oven by leaving at least 10 cm (4 inches) the floor



of space behind and, on the sides of the oven and 20 cm (8 inches) of space above.

- **2.**Remove all packing materials inside the oven.
- **3.**Install the roller ring and turntable. Check that the turntable rotates freely. (Turntable type model only)
- **4.**This microwave oven has to be positioned so that plug is accessible.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

For your personal safety, plug the cable into a proper AC earthed socket.

Do not install the microwave oven in hot or damp surroundings like next to a traditional

oven or radiator. The power supply specifications of the oven must be respected and any extension cable used must be of the same standard as the power cable supplied with the oven. Wipe the interior and the door seal with a damp cloth before using vour microwave oven for the first time.

CLEANING YOUR MICROWAVE OVEN

The following parts of your microwave oven should be cleaned regularly to prevent grease and food particles from building up:

- Inside and outside surfaces
- Door and door seals
- Turntable and Roller rings (Turntable type model only)
- ALWAYS ensure that the door seals are clean and the door closes properly.
- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- **1.**Clean the outside surfaces with a soft cloth and warm, soapy water. Rinse and dry.

- **2.**Remove any splashes or stains on the inside surfaces of oven with a soapy cloth. Rinse and dry.
- **3.**To loosen hardened food particles and remove smells, place a cup of diluted lemon juice in the oven and heat for ten minutes at maximum power.
- **4.**Wash the dishwasher-safe plate whenever necessary.
- DO NOT spill water in the vents. NEVER use any abrasive products or chemical solvents. Take particular care when cleaning the door seals to ensure that no particles:
 - Accumulate
 - Prevent the door from closing correctly
- Clean the microwave oven cavity right after each use with a mild detergent solution, but let the microwave oven cool down before cleaning in order to avoid injury.

When cleaning the upper part inside the cavity, it will be convenient to turn heater downward by 45 ° and clean it.



(Swing heater model only)

STORING AND REPAIRING YOUR MICROWAVE OVEN

A few simple precautions should be taken when storing or having your microwave oven serviced.

The oven must not be used if the door or door seals are damaged:

- Broken hinge
- Deteriorated seals
- Distorted or bent oven casing

Only a qualified microwave service technician should perform repair

- NEVER remove the outer casing from the oven. If the oven is faulty and needs servicing or you are in doubt about its condition:
 - Unplug it from the wall socket
 - Contact the nearest after-sales service centre
- If you wish to store your oven away temporarily, choose a dry, dustfree place.
 Reason : Dust and damp may adversely affect the working parts in the oven.

۲

GE83M_BAL_DE68-04151A-02_EN_131004.indd 7

- This microwave oven is not intended for commercial use.
- The Light bulb should not be replaced in person for safety reasons. Please contact nearest authorised
 - Samsung customer care, to arrange for a qualified engineer to replace the bulb.

🋦 WARNING

ENGLISH

\bigotimes	Only qualified staff should be allowed to modify or repair the appliance.	\checkmark	\checkmark	✓	
	Do not heat liquids and other food in sealed containers for microwave function.	✓	✓	✓	
	For your safety, do not use high-pressure water cleaners or steam jet cleaners.	✓	✓	✓	ſ
	Do not install this appliance; near heater, inflammable material; in a humid, oily or dusty location, in a location exposed to direct sunlight and water or where gas may leak; on un level ground.	~	✓	~	
Ē	This appliance must be properly grounded in accordance with local and national codes.	✓	✓	✓	
*	Remove all foreign substances such as dust or water from the power plug terminals and contact points using a dry cloth on a regular basis.	~	~	~	
	Do not pull or excessively bend or place heavy objecton the power cord.	✓	✓	✓	
*	In the event of a gas leak (such as propane gas, LP gas, etc.), ventilate immediately without touching the power	✓	✓	\checkmark	ſ

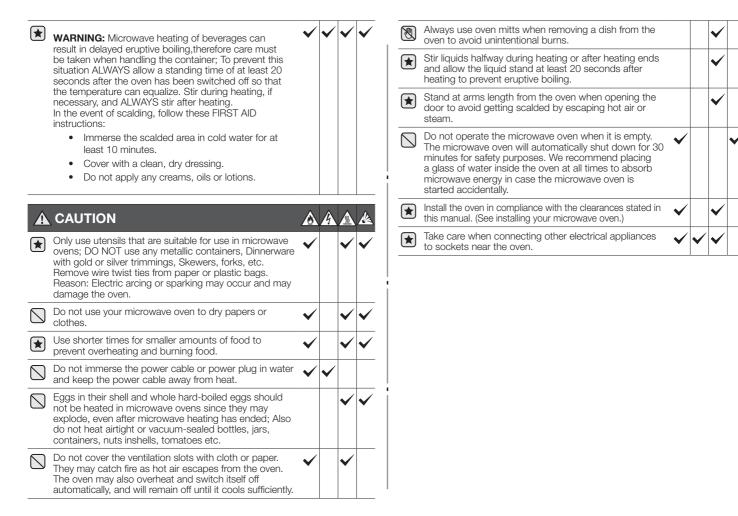
*	substances such as water has entered the appliance, unplug the power plug and contact your nearest service centre.	~	~	~	~
\sum	Do not apply excessive pressure or impact to the appliance.	✓	✓	✓	✓
\sum	Do not place the oven over a fragile object such as a sink or glass object.	✓	✓		
\sum	Do not use benzene, thinner, alcohol, steam cleaner or high pressure cleaner to clean the appliance.	✓	✓	✓	✓
\sum	Ensure that the power voltage, frequency and current are the same as those of the product specifications.	✓	✓		✓
\sum	Plug the power plug into the wall socket firmly. Do not use a multiple plug adapter, an extension cord or an electric transformer.	✓	~	~	
\Box	Do not hook the power cord on a metal object, insert the power cord between the objects or behind the oven.	\checkmark	✓	✓	
2	Do not use a damaged power plug, damaged power cord or loose wall socket. When the power plug or power cord is damaged, contact your nearest service centre.	~	~	~	 ✓
\sum	Do not pour or directly spray water onto the oven.	\checkmark	✓		
\sum	Do not place objects on the oven, inside or on the door of the oven.	\checkmark	~	~	
\Box	Do not spray volatile material such as insecticide onto the surface of the oven.	\checkmark	✓		
2	Do not store flammable materials in the oven. Take special care when heating dishes or drinks that contain alcohol as alcohol vapours may contact a hot part of the oven.	~		✓	✓
*	Keep children away from the door when opening or closing it as they may bump themselves on the door or catch their fingers in the door.	✓	✓	✓	~

Do not touch the power plug with wet hands.

plug while an operation is in progress.

Do not turn the appliance off by unplugging the power

plug.



ENGLISH

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY. (MICROWAVE FUNCTION ONLY)

Failure to observe the following safety precautions may result in harmful exposure to microwave energy.

- (a) Under no circumstances should any attempt be made to operate the oven with the door open or to tamper with the safety interlocks (door latches) or to insert anything into the safety interlock holes.
- (b) Do NOT place any object between the oven door and front face or allow food or cleaner residues to accumulate on sealing surfaces. Ensure that the door and door sealing surfaces are kept clean by wiping after use first with a damp cloth and then with a soft dry cloth.
- (c) Do NOT operate the oven if it is damaged until it has been repaired by a qualified microwave service technician trained by the manufacturer. It is particularly important that the oven door closes properly and that there is no damage to the:
 - (1) door (bent)
 - (2) door hinges (broken or loose)
 - (3) door seals and sealing surfaces
- (d) The oven should not be adjusted or repaired by anyone other than a properly gualified microwave service technician trained by the manufacturer.

Samsung will charge a repair fee for replacing an accessory or repairing a cosmetic defect if the damage to the unit and/or damage to or loss of the accessory was caused by the customer. Items this stipulation covers include:

- (a) A Dented, Scratched, or Broken Door, Handle, Out-Panel, or Control Panel.
- (b) A Broken or missing Tray. Guide Roller. Coupler. or Wire Rack.
- Use this appliance only for its intended purpose as described in this instruction manual. Warnings and Important Safety Instructions in this manual do not cover all possible conditions and situations that may occur. It is your responsibility to use common sense, caution, and care when installing, maintaining, and operating your appliance.

- Because these following operating instructions cover various models, the characteristics of your microwave oven may differ slightly from those described in this manual and not all warning signs may be applicable. If you have any questions or concerns, contact your nearest service centre or find help and information online at www. samsung.com.
- This microwave oven is supposed for heating food. It is intended for domestic home-use only. Do not heat any type of textiles or cushions filled with grains, which could cause burns and fire. The manufacturer cannot be held liable for damage caused by improper or incorrect use of the appliance.
- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possible result in a hazardous situation.

CORRECT DISPOSAL OF THIS PRODUCT (WASTE ELECTRICAL & ELECTRONIC EQUIPMENT)

(Applicable in countries with separate collection systems)

This marking on the product, accessories or literature indicates that the product and its electronic accessories (e.g. charger, headset, USB cable) should not be disposed of with other household waste at the end of their working life. To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate these items from other types of waste and recycle them responsibly to promote the sustainable reuse of material resources.

Household users should contact either the retailer where they purchased this product. or their local government office, for details of where and how they can take these items for environmentally safe recycling.

Business users should contact their supplier and check the terms and conditions of the purchase contract. This product and its electronic accessories should not be mixed with other commercial wastes for disposal.

CONTENTS

Quick look-up guide	11
Oven	12
Accessories	12
control panel	13
Setting the time	13
How a microwave oven works	14
Checking that your oven is operating correctly	14
Setting the energy save mode	14
Cooking/Reheating	15
Power levels	
Stopping the cooking	16
Adjusting the cooking time	16
Using the instant reheat/cook feature	16
Instant reheat/cook settings	16
Using the auto POWER defrost feature	
Auto power defrost settings	
Choosing the accessories	18
Grilling	18
Combining microwaves and the grill	19
Multistage cooking	19
Safety-locking your microwave oven	20
Cookware guide	
Switching the beeper off	
Cooking guide	22
What to do if you are in doubt or have a problem	29
Technical specifications	30

QUICK LOOK-UP GUIDE

If you want to cook some food.

1. Place the food in the oven. <u>////</u> Select the power level by pressing the **Power Level** button once or more times. Microwave 2. Select the cooking time by pressing the 10 min, 1 min or 10 s button as required. h min 10 s 10 min 1 min 3. Press the Start (1) button. $\langle \hat{} \rangle$ Cooking starts. Result : Start The oven beeps four times when cooking is over. If you want to defrost some food. 1. Place the frozen food in the oven. ** Press the **Power** (35) button once or more times ŐŐ according to the type of food to be defrosted. Power 2. Select the weight by pressing the kg and 100g buttons as required. Kg 100g 3. Press the Start (1) button. () Start

If you want to add an extra minute.

Leave the food in the oven. Press **+30s** once or more times for each extra 30 seconds that you wish to add. ENGLISH

If you want to grill some food.

- **1.** Preheat the grill to the required temperature, by pressing the Grill (W), time setting (10 min, 1 min and 10 s) and Start (1) button.
- 2. After preheating is finished, Open the door and Place the food on the rack in the oven. Press the Grill (IV) button. Select the cooking time by pressing the 10 min, 1 min and 10 s buttons.
- min 10 s 10 min 1 min

N

Grill

3. Press the Start (1) button.



ACCESSORIES

ENGLISH

Depending on the model that you have purchased, you are supplied with several accessories that can be used in a variety of ways.

1. Roller ring, to be placed in the centre of the oven.

Purpose : The roller ring supports the turntable.



2. Turntable, to be placed on the roller ring with the centre fitting to the coupler.

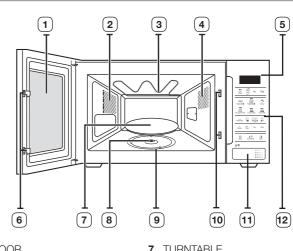


- **Purpose :** The turntable serves as the main cooking surface; it can be easily removed for cleaning.
- 3. Grill rack, to be placed on the turntable.
 - **Purpose :** The metal rack can be used in grill and combination cooking.



DO NOT operate the microwave oven without the roller ring and turntable.



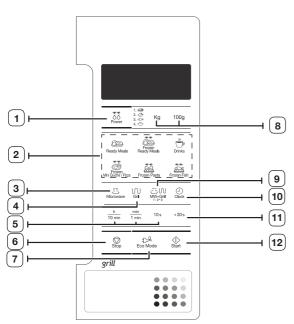


- 1. DOOR
- **2.** VENTILATION HOLES
- 3. GRILL
- 4. LIGHT
- 5. DISPLAY
- 6. DOOR LATCHES

- 7. TURNTABLE
- 8. COUPLER
- 9. ROLLER RING
- 10. SAFETY INTERLOCK HOLES
- **11.** OPEN DOOR PUSH BUTTON
- **12.** CONTROL PANEL

 (\bullet)

CONTROL PANEL



- 1. AUTO POWER DEFROST FEATURE SELECTION
- 2. INSTANT REHEAT/COOK FEATURES SELECTION
- 3. MICROWAVE MODE BUTTON
- 4. GRILL MODE BUTTON
- 5. TIME SETTING BUTTON
- 6. STOP/CANCEL BUTTON

- 7. ENERGY SAVE BUTTON
- 8. WEIGHT SELECTION
- 9. COMBI MODE BUTTON
- 10. CLOCK SETTIING
- 11. +30s BUTTON
- 12. START BUTTON

SETTING THE TIME

Your microwave oven has an inbuilt clock. When power is supplied, ":0", "88:88" or "12:00" is automatically displayed on the display.

Please set the current time. The time can be displayed in either the 24- hour or 12-hour notation. You must set the clock:

- When you first install your microwave oven
- After a power failure

Do not forget to reset the clock when you switch to and from summer and winter time.

Auto energy saving function

If you do not select any function when appliance is in the middle of setting or operating with temporary stop condition, function is canceled and clock will be displayed after 25 minutes.

Oven Lamp will be turned off after 5 minutes with door open condition.

1. To display the time in the...

24-hour notation 12-hour notation Press the **Clock** button once or twice.

- Press the **Clock** button once or twice.
- 2. Set the hour with the h button and the minutes with the min button.

h min 10 min 1 min

(_____

Clock

- When the right time is displayed, press the Clock button again to start the clock.
 - **<u>Result</u>**: The time is displayed whenever you are not using the microwave oven.



13

GE83M BAL DE68-04151A-02 EN 131004.indd 13

HOW A MICROWAVE OVEN WORKS

Microwaves are high-frequency electromagnetic waves; the energy released enables food to be cooked or reheated without changing either the form or the colour.

You can use your microwave oven to:

- Defrost
- Instant Reheat/Cook
- Cook

ENGLISH

Cooking Principle.

- 1. The microwaves generated by the magnetron are distributed uniformly as the food rotates on the turntable. The food is thus cooked evenly.
- 2. The microwaves are absorbed by the food up to a depth of about 1 inch (2.5 cm). Cooking then continues as the heat is dissipated within the food.



- **3.** Cooking times vary according to the recipient used and the properties of the food:
 - Quantity and density
 - Water content
 - Initial temperature (refrigerated or not)
- As the centre of the food is cooked by heat dissipation, cooking continues even when you have taken the food out of the oven. Standing times specified in recipes and in this booklet must therefore be respected to ensure:
 - Even cooking of the food right to the centre
 - The same temperature throughout the food

CHECKING THAT YOUR OVEN IS OPERATING CORRECTLY

The following simple procedure enables you to check that your oven is working correctly at all times. Open the oven door by pushing the large button in the bottom right-hand corner of the control panel.

First, place a bowl of water on the turntable. Then, close the door.

1. Press the **Power Level** button and set the time to 4-5 minutes by pressing the **1 min** button the appropriate number of times.



- 2. Press the Start (1) button.
 - **<u>Result</u>**: The oven heats the water for 4 to 5 minutes. The water should then be boiling.



The oven must be plugged into an appropriate wall socket. The turntable must be in position in the oven. If a power level other than the maximum is used, the water takes longer to boil.

SETTING THE ENERGY SAVE MODE

The oven has an Energy save mode. This facility saves electricity when the oven is not in use.

- Press the Energy save button.
- To remove Energy save mode, open the door and then display shows current time. The oven is ready for use.



۲

GE83M_BAL_DE68-04151A-02_EN_131004.indd 14

COOKING/REHEATING

The following procedure explains how to cook or reheat food. ALWAYS check your cooking settings before leaving the oven unattended. First, place the food in the centre of the turntable. Then, close the door.

1. Press the Power Level button.

 Result :
 The 800 W (maximum cooking power) indications are displayed:

 Select the appropriate power level by pressing the Power Level button again

until the corresponding wattage is displayed. Refer to the power level table on the next page.

2. Set the cooking time by pressing the 10 min, 1 min and 10 s button.

h min 10 s 10 min 1 min

 $\langle \rangle$

Start

3. Press the Start (1) button.

- **Result :** The oven light comes on and the turntable starts rotating.
 - 1) Cooking starts and when it has finished the oven beeps four times.
 - 2) The end reminder signal will beep 3 times (once every minute).
 - 3) The current time is displayed again.

Never switch the microwave oven on when it is empty.

POWER LEVELS

You can choose among the power levels below.

Power Level	Output		
Power Level	MWO	GRILL	
HIGH	800 W	-	
MEDIUM HIGH	600 W	-	
MEDIUM	450 W	-	
MEDIUM LOW	300 W	-	
DEFROST (ðð)	180 W	-	
LOW/KEEP WARM	100 W	-	
GRILL	-	1100 W	
COMBI I (്രംസ)	600 W	1100 W	
COMBI II (ക്സ)	450 W	1100 W	
COMBI III (്രംസ)	300 W	1100 W	

If you select higher power level, the cooking time must be decreased.

If you select lower power level, the cooking time must be increased.

ENGLISH

۲



STOPPING THE COOKING

You can stop cooking at any time to check the food.

1. To stop temporarily; Open the door.

Result :

 \bigcirc

Stop

ENGLISH

 To stop completely; Press the Stop (♥) button.

again.

<u>Result</u>: The cooking stops. If you wish to cancel the cooking

Cooking stops. To resume cooking.

close the door and press **Start** (\diamondsuit)

settings, press the **Stop** (\bigcirc) button again.

Fou can cancel any setting before starting cooking by simply pressing Stop(O) button.

ADJUSTING THE COOKING TIME

You can increase the cooking time by pressing the +30 s button once for each 30 seconds to be added.

1. Press the +30 s button once for each 30 seconds to be added.

+30s

2. Press the **Start** (\diamondsuit) button.



USING THE INSTANT REHEAT/COOK FEATURE

With the Instant Reheat feature, the cooking time is set automatically. You can adjust the number of servings by pressing the appropriate Instant Reheat button the required number of times.

First, place the food in the centre of the turntable and close the door.

Press the **Instant Reheat/Cook** button which you want the required number of times.

<u>Result</u>: Press **Start** (♦) button to start cooking. When it has finished:



- 1) The oven beeps four times.
- 2) The end reminder signal will beep 3 times. (once every minute)
- 3) The current time is displayed again.

Example: Press the **Drinks** button once times to reheat one cups of

coffee. Refer to the table on the next page for further details.

Use only recipients that are microwave-safe.

INSTANT REHEAT/COOK SETTINGS

The following table presents 6 Auto Reheat/Cook Programmes, quantities, standing times and appropriate recommendations.

Food/Button	Serving Size	Standing Time	Recommendations
Ready Meals (chilled)	300-350 g 400-450 g	3 min.	Put on a ceramic plate and cover with microwave cling film. This programme is suitable for meals consisting of 3 components (e.g. meat with sauce, vegetables and a side dish like potatoes, rice or pasta).
Frozen Ready Meals	300-350 g 400-450 g	4 min.	Take frozen ready meal and check if dish is suitable for microwave. Pierce film of ready meal. Put the frozen ready meal in the centre. This programme is suitable for frozen ready meals consisting of 3 components (e.g. meat with sauce, vegetables and a side dish like potatoes, rice or pasta).

 \bigcirc

Food/Button	Serving Size	Standing Time	Recommendations
Drinks (Coffee, milk, tea, water with room temperature)	150 ml (1 cup) 250 ml (1 mug)	1-2 min.	Pour in to a ceramic cup and reheat uncovered. Place cup (150 ml) or mug (250 ml) in the centre of turntable, Stir carefully before and after standing time.
Frozen Mini Quich/Pizza	150 g (4-6 pcs) 250 g (7-9 pcs)	-	Put the frozen mini-quiches or mini- pizzas evenly on the rack.
Frozen Pasta Gratin	200 g 400 g	2-3 min.	Put the frozen pasta gratin into a suitable sized glass pyrex dish. Put the dish on the rack. This programme is suitable for frozen pasta gratin such as lasagne, cannelloni or macaroni.
Frozen Fish Gratin	200 g 400 g	2-3 min.	Put the frozen fish gratin into a suitable sized glass pyrex dish. Put the dish on the rack. This programme is suitable for frozen ready products consisting o fish fillets topped with vegetables and sauce.

USING THE AUTO POWER DEFROST FEATURE

The Auto power defrost feature enable you to defrost meat, poultry, fish and bread/cake. The defrost time and power level are set automatically. You simply select the programme and the weight.

Use only dishes that are microwave-safe.

First, place the frozen food in the centre of the turntable and close the door.

- Select the type of food that you are cooking by pressing the **Power Defrost** (^{*}₈) button one or more times. (Refer to the table on the opposite page for further details)
- Select the food weight by pressing the kg and 100g button. It is possible to set up to a maximum of 1500 g.
- 3. Press the Start (1) button.

Result :

- Defrosting begins.
- The oven beeps halfway through defrosting to remind you to turn the food over.
- Press **Start** ((1)) button again to finish defrosting.

You can also defrost food manually. To do so, select the microwave cooking/reheating function with a power level of 180 W. Refer to the section entitled "Cooking/Reheating" on page 15 for further details.

ENGLISH

۲

**

Power

 \bigcirc

Start

100g

Kg

AUTO POWER DEFROST SETTINGS

The following table presents the various Auto Power Defrost programmes. quantities, standing times and appropriate recommendations. Remove all kinds of package material before defrosting. Place meat, poultry, fish and bread/cake on a ceramic plate.

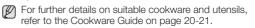
Code/Food	Portion	Standing time	Recommendations
1. Meat	200-1500 g	20-60 min.	Shield the edges with aluminium foil. Turn the meat over when the oven beeps. This programme is suitable for beef, lamb, pork, steaks, chops and minced meat.
2. Poultry	200-1500 g	20-60 min.	Shield the leg and wing tips with aluminium foil. Turn the poultry over when the oven beeps. This programme is suitable for whole chicken and chicken portions.
3. Fish	200-1500 g	20-50 min.	Shield the tail of the whole fish with aluminium foil. Turn the fish over when the oven beeps. This programme is suitable for whole fishes and fish fillets.
4. Bread/Cake	125-625 g	5-20 min.	Put bread on a piece of kitchen paper and turn over, as soon as the oven beeps. Place cake on a ceramic plate and if possible, turn over, as soon as the oven beeps. (Oven keeps operating and is stopped, when you open the door. This programme is suitable for all kinds of bread, sliced or whole, as well as for bread rolls and baguettes. Arrange bread rolls in a circle. This programme is suitable for all kinds of yeast cake, biscuit, cheese cake and puff pastry. It is not, suitable for short/crust pastry, fruit and cream cakes as well as for cake with chocolate topping.

Select the Manual Defrosting function with a power level of 180 W if you want to defrost food manually. For further details on manual defrosting and defrosting time, refer to the page 26.

CHOOSING THE ACCESSORIES

Use microwave-safe recipients: do not use plastic containers, dishes, paper cups. towels. etc.

If you wish to select the combined cooking mode (grill and microwave), use only dishes that are microwave-safe and oven-proof



GRILLING

The grill enables you to heat and brown food guickly, without using microwaves. To this aim, a grill rack is supplied with your microwave oven.

- **1.** Preheat the grill to the required temperature, by pressing the Grill, time setting (10 min, 1 min and 10 s) and Start button.
- 2. After preheating is finished, Open the door and place the food on the rack.
- 3. Press the Grill button. Select the cooking time by pressing the 10 min. 1 min and 10 s buttons. (The maximun grilling time is 60 minute.)

4. Press the Start (♠) button.

Result : The oven light comes on and the turntable starts rotating.



- 1) Cooking starts and when it has finished the oven beeps four times.
- 2) The end reminder signal will beep 3 times (once every minute).
- 3) The current time is displayed again.

Do not worry if the heater turns off and on while grilling. This system is Ø designed to prevent overheating of the oven.

Always use oven gloves when touching the dishes in the oven, as they will be very hot.



۲

IN.

Grill

ENGLISH

COMBINING MICROWAVES AND THE GRILL

You can also combine microwave cooking with the grill, to cook guickly and brown at the same time.

- ALWAYS use microwave-safe and oven-proof cookware. Glass or ceramic dishes are ideal as they allow the microwaves to penetrate the food evenly.
- **ALWAYS** use oven gloves when touching the recipients in the oven, as they will be very hot.
- 1. Open the oven door by pushing the large button in the bottom right-hand corner of the control panel. Place the food on the rack and the rack on the turntable. Close the door.

2. Press the Combi button.

The following indications are displayed: Result : **Combi** (microwave and grill mode) 600 W (out power)

- Select the appropriate **power level** by pressing the **Combi** button again until the corresponding power level is displayed.
- You cannot set the temperature of the grill.
- 3. Set the cooking time by pressing the 10 min, 1 min and 10 s buttons. The maximum cooking time is 60 minutes. 10 min
- **4.** Press the **Start** (♠) button.
 - Result : Combination cooking starts. When it has finished.
 - 1) The oven beeps four times.
 - 2) The end reminder signal will beep 3 times (once every minute).
 - 3) The current time is displayed again.
- The maximum microwave power for the combined microwave and grill V mode is 600 W.

MULTISTAGE COOKING

Your microwave oven can be programmed to cook food up to three stages.

- **Example:** You wish to defrost food and cook it without having to reset the oven after each stage. You can thus defrost and cook a 500 g fish in three stages:
 - Defrosting
 - Cook I
 - Cook II

You can set between two and three stages in multistage cooking. If you set three stage, the first stage must be defrosting. Don't press () button until you've set the final stage.

- 1. Press the **Rapid** (35) button once or more times.
- 2. Set the weight by pressing the kg and 100 g buttons the appropriate number of times (500 g in the example). Kq
- 3. Press the Power Level button. The microwave mode (I) :
 - if necessary, set the power level by pressing the Power Level button again one or more times. (600 W in the example)
- 4. Set the cooking time by pressing the 10 min, 1 min and 10 s buttons the appropriate number of times (4 minutes in the example).

d			
5	<u>h</u>	min	10 s
	10 min	1 min	



100a

ENGLISH

۲



////

Microwave





min

1 min

10 s

."``vW

MW+Grill

5. Press the Grill button. SAFETY-LOCKING YOUR MICROWAVE OVEN The grill mode (II): IN Your microwave oven is fitted with a special Child Safety programme, which Grill cannot operate it accidentally. The oven can be locked at any time. 6. Set the cooking time by pressing the 10 min, 1 min and **1.** Press the **Stop** (\bigcirc) and **Clock** buttons at the same **10 s** buttons the appropriate number of times (5 minutes min \bigcirc 10 s in the example). 10 min 1 min time. ENGLISH Stop (The maximun grilling time is 60 minutes.) The oven is locked (no functions can be Result : selected). 7. Press the Start (1) button. $\langle \rangle$ Result : The three modes [defrosting and Start cooking (I, II)] are selected one after the other. According to the defrosting **2.** To unlock the oven, press the **Stop** (\bigcirc) and **Clock** mode that you have chosen, the oven may beep halfway \bigcirc buttons again at the same time. through defrosting to remind you to turn the food over. Stop Result : The oven can be used normally. When cooking is over, the oven beeps four times. • The end reminder signal will beep 3 times (once every minute). **COOKWARE GUIDE** • The current time is displayed again. the food, without being reflected or absorbed by the dish used. SWITCHING THE BEEPER OFF marked microwave-safe, you do not need to worry. You can switch the beeper off whenever you want. how they should be used in a microwave oven. **1.** Press the **Stop** (\bigcirc) and **Start** (\diamondsuit) buttons at the same time. \bigtriangledown <1>



Result : The oven will not beep each time you press a button.



2. To switch the beeper back on, press the **Stop** (\bigcirc) and **Start** (1) buttons again at the same time.

The oven operates with the beeper on

 \bigcirc $\langle \rangle$ Start Stop

Пп

again.

enables the oven to be "locked" so that children or anyone unfamiliar with it



(-)Clock

۲

To cook food in the microwave oven, the microwaves must be able to penetrate

Care must therefore be taken when choosing the cookware. If the cookware is

The following table lists various types of cookware and indicates whether and

Cookware	Microwave- safe	Comments
Aluminum foil	√ X	Can be used in small quantities to protect areas against overcooking. Arcing can occur if the foil is too close to the oven wall or if too much foil is used.
Browning plate	1	Do not preheat for more than eight minutes.
China and earthenware	1	Porcelain, pottery, glazed earthenware and bone china are usually suitable, unless decorated with a metal trim.

Result :

Cookware	Microwave- safe	Comments
Disposable polyester cardboard dishes	1	Some frozen foods are packaged in these dishes.
Fast-food packaging		
Polystyrene cups containers	1	Can be used to warm food. Overheating may cause the polystyrene to melt.
 Paper bags or newspaper 	×	May catch fire.
Recycled paper or metal trims	×	May cause arcing.
Glassware		
Oven-to-table ware	1	Can be used, unless decorated with a metal trim.
Fine glassware	1	Can be used to warm foods or liquids. Delicate glass may break or crack if heated suddenly.
Glass jars	1	Must remove the lid. Suitable for warming only.
Metal		
Dishes	×	May cause arcing or fire.
 Freezer bag twist ties 	×	
Paper		
 Plates, cups, napkins and Kitchen paper 	1	For short cooking times and warming. Also to absorb excess moisture.
 Recycled paper 	×	May cause arcing.
Plastic		
Containers	5	Particularly if heat-resistant thermoplastic. Some other plastics may warp or discolour at high temperatures. Do not use Melamine plastic.

Cookware	Microwave- safe	Comments
Cling film	1	Can be used to retain moisture. Should not touch the food. Take care when removing the film as hot steam will escape.
Freezer bags	√ X	Only if boilable or oven-proof. Should not be airtight. Prick with a fork, if necessary.
Wax or grease-proof paper	1	Can be used to retain moisture and prevent spattering.

: Recommended

$\sqrt{\chi}$: Use caution

χ : Unsafe

۲

۲

ENGLISH

COOKING GUIDE

MICROWAVES

Microwave energy actually penetrates food, attracted and absorbed by its water, fat and sugar content.

The microwaves cause the molecules in the food to move rapidly. The rapid movement of these molecules creates friction and the resulting heat cooks the food.

COOKING

Cookware for microwave cooking:

Cookware must allow microwave energy to pass through it for maximum efficiency. Microwaves are reflected by metal, such as stainless steel, aluminium and copper, but they can penetrate through ceramic, glass, porcelain and plastic as well as paper and wood. So food must never be cooked in metal containers.

Food suitable for microwave cooking:

Many kinds of food are suitable for microwave cooking, including fresh or frozen vegetables, fruit, pasta, rice, grains, beans, fish, and meat. Sauces, custard, soups, steamed puddings, preserves, and chutneys can also be cooked in a microwave oven. Generally speaking, microwave cooking is ideal for any food that would normally be prepared on a hob. Melting butter or chocolate, for example (see the chapter with tips, techniques and hints).

Covering during cooking

To cover the food during cooking is very important, as the evaporated water rises as steam and contributes to cooking process. Food can be covered in different ways: e.g. with a ceramic plate, plastic cover or microwave suitable cling film.

Standing times

After cooking is over food the standing time is important to allow the temperature to even out within the food.

Cooking guide for frozen vegetables

Use a suitable glass pyrex bowl with lid. Cook covered for the minimum time - see table. Continue cooking to get the result you prefer.

Stir twice during cooking and once after cooking. Add salt, herbs or butter after cooking. Cover during standing time.

Food	Portion	Power	Time (min.)	Standing time (min.)	Instructions
Spinach	150 g	600 W	41⁄2-51⁄2	2-3	Add 15 ml (1 tbsp.) cold water
Broccoli	300 g	600 W	9-10	2-3	Add 30 ml (2 tbsp.) cold water.
Peas	300 g	600 W	71⁄2-81⁄2	2-3	Add 15 ml (1 tbsp.) cold water.
Green beans	300 g	600 W	8-9	2-3	Add 30 ml (2 tbsp.) cold water.
Mixed vegetables (carrots/peas/ corn)	300 g	600 W	7½-8½	2-3	Add 15 ml (1 tbsp.) cold water.
Mixed vegetables (chinese style)	300 g	600 W	8-9	2-3	Add 15 ml (1 tbsp.) cold water.



Cooking guide for rice and pasta

Rice :Use a large glass pyrex bowl with lid - rice doubles in
volume during cooking. Cook covered.
After the cooking time is over, stir before standing time and
salt or add herbs and butter.
Remark: the rice may not have absorbed all water after the
cooking time is finished.

 Pasta :
 Use a large glass pyrex bowl. Add boiling water, a pinch of salt and stir well. Cook uncovered.

 Stir occasionally during and after cooking. Cover during standing time and drain thoroughly afterwards.

Food	Portion	Power	Time (min.)	Standing time (min.)	Instructions
White rice (parboiled)	250 g	800 W	16-17	5	Add 500 ml cold water.
Brown rice (parboiled)	250 g	800 W	21-22	5	Add 500 ml cold water.
Mixed rice (rice + wild rice)	250 g	800 W	17-18	5	Add 500 ml cold water.
Mixed corn (rice + grain)	250 g	800 W	18-19	5	Add 400 ml cold water.
Pasta	250 g	800 W	11-12	5	Add 1000 ml hot water.

Cooking guide for fresh vegetables

Use a suitable glass pyrex bowl with lid. Add 30-45 ml cold water (2-3 tbsp.) for every 250 g unless another water quantity is recommended - see table. Cook covered for the minimum time - see table. Continue cooking to get the result you prefer. Stir once during and once after cooking. Add salt, herbs or butter after cooking. Cover during a standing time of 3 minutes.

Hint :	Cut the fresh vegetables into even sized pieces. The smaller they
	are cut, the quicker they will cook.

All fresh vegetables should be cooked using full microwave power (800 W).

Food	Portion	Time (min.)	Standing time (min.)	Instructions
Broccoli	250 g 500 g	4-4½ 7-7½	3	Prepare even sized florets. Arrange the stems to the centre.
Brussels sprouts	250 g	51⁄2-61⁄2	3	Add 60-75 ml (5-6 tbsp.) water.
Carrots	250 g	41⁄2-5	3	Cut carrots into even sized slices.
Cauliflower	250 g 500 g	5-5½ 8½-9	3	Prepare even sized florets. Cut big florets into halves. Arrange stems to the centre.
Courgettes	250 g	31⁄2-4	3	Cut courgettes into slices. Add 30 ml (2 tbsp.) water or a knob of butter. Cook until just tender.
Egg plants	250 g	31⁄2-4	3	Cut egg plants into small slices and sprinkle with 1 tablespoon lemon juice.
Leeks	250 g	41⁄2-5	3	Cut leeks into thick slices.
Mushrooms	125 g 250 g	1½-2 3-3½	3	Prepare small whole or sliced mushrooms. Do not add any water. Sprinkle with lemon juice. Spice with salt and pepper. Drain before serving.
Onions	250 g	5½-6	3	Cut onions into slices or halves. Add only 15 ml (1 tbsp.) water.
Pepper	250 g	41⁄2-5	3	Cut pepper into small slices.
Potatoes	250 g 500 g	4-5 7½-8½	3	Weigh the peeled potatoes and cut them into similar sized halves or quarters.
Turnip cabbage	250 g	5-5½	3	Cut turnip cabbage into small cubes.

ENGLISH

REHEATING

ENGLISH

Your microwave oven will reheat food in a fraction of the time that conventional ovens hobs normally take.

Use the power levels and reheating times in the following chart as a guide. The times in the chart consider liquids with a room temperature of about +18 to +20 $^{\circ}$ C or a chilled food with a temperature of about +5 to +7 $^{\circ}$ C.

Arranging and covering

Avoid reheating large items such as joint of meat – they tend to overcook and dry out before the centre is piping hot. Reheating small pieces will be more successful.

Power levels and stirring

Some foods can be reheated using 800 W power while others should be reheated using 600 W, 450 W or even 300 W.

Check the tables for guidance. In general, it is better to reheat food using a lower power level, if the food is delicate, in large quantities, or if it is likely to heat up very quickly (mince pies, for example).

Stir well or turn food over during reheating for best results. When possible, stir again before serving.

Take particular care when heating liquids and baby foods. To prevent eruptive boiling of liquids and possible scalding, stir before, during and after heating. Keep them in the microwave oven during standing time. We recommend putting a plastic spoon or glass stick into the liquids. Avoid overheating (and therefore spoiling) the food.

It is preferable to underestimate cooking time and add extra heating time, if necessary.

Heating and standing times

When reheating food for the first time, it is helpful to make a note of the time taken – for future reference.

Always make sure that the reheated food is piping hot throughout.

Allow food to stand for a short time after reheating - to let the temperature even out.

The recommended standing time after reheating is 2-4 minutes, unless another time is recommended in the chart.

Take particular care when heating liquids and baby food. See also the chapter with the safety precautions.

REHEATING LIQUIDS

Always allow a standing time of at least 20 seconds after the oven has been switched off to allow the temperature to even out. Stir during heating, if necessary, and ALWAYS stir after heating. To prevent eruptive boiling and possible scalding, you should put a spoon or glass stick into the beverages and stir before, during and after heating.

REHEATING BABY FOOD

BABY FOOD: Empty into a deep ceramic plate. Cover with plastic lid. Stir well after reheating!

Let stand for 2-3 minutes before serving. Stir again and check the temperature. Recommended serving temperature: between 30-40 $^\circ C.$

BABY MILK: Pour milk into a sterilised glass bottle. Reheat uncovered. Never heat a baby's bottle with teat on, as the bottle may explode if overheated. Shake well before standing time and again before serving ! Always carefully check the temperature of baby milk or food before giving it to the baby. Recommended serving temperature: ca. 37 °C.

REMARK: Baby food particularly needs to be checked carefully before serving to prevent burns.

Use the power levels and times in the next table as a guide lines for reheating.

Reheating baby food and milk

Use the power levels and times in this table as guide lines for reheating.

Food	Portion	Power	Time	Standing time (min.)	Instructions
Baby food (vegetables + meat)	190 g	600 W	30 sec.	2-3	Empty into ceramic deep plate. Cook covered. Stir after cooking time. Stand for 2-3 minutes. Before serving, stir well and check the temperature carefully.

GE83M_BAL_DE68-04151A-02_EN_131004.indd 24

Food	Portion	Power	Time	Standing time (min.)	Instructions
Baby porridge (grain + milk + fruit)	190 g	600 W	20 sec.	2-3	Empty into ceramic deep plate. Cook covered. Stir after cooking time. Stand for 2-3 minutes. Before serving, stir well and check the temperature carefully.
Baby milk	100 ml 200 ml	300W	30-40 sec. 50 sec to 1 min.	2-3	Stir or shake well and pour into a sterilized glass bottle. Place into the centre of turn-table. Cook uncovered. Shake well and stand for at least 3 minutes. Before serving, shake well and check the temperature carefully.

Reheating liquids and food

۲

Use the power levels and times in this table as a guide lines for reheating.

Food	Portion	Power	Time (min.)	Standing time (min.)	Instructions
Drinks (coffee, tea and water)	150 ml (1 cup) 250 ml (1 mug)	800 W	1-1½ 1½ -2	1-2	Pour in to a ceramic cup and reheat uncovered. Place cup (150 ml) or mug (250 ml) in the centre of turntable, Stir carefully before and after standing time.
Soup (chilled)	250 g	800 W	3-3½	2-3	Pour into a deep ceramic plate. Cover with plastic lid. Stir well after reheating. Stir again before serving.
Stew (chilled)	350 g	600 W	5 1⁄2-6 1⁄2	2-3	Put stew in a deep ceramic plate. Cover with plastic lid. Stir occasionally during reheating and again before standing and serving.
Pasta with sauce (chilled)	350 g	600 W	4 1⁄2 -5 1⁄2	3	Put pasta (e.g. spaghetti or egg noodles) on a flat ceramic plate. Cover with microwave cling film. Stir before serving.
Filled pasta with sauce (chilled)	350 g	600 W	5-6	3	Put filled pasta (e.g. ravioli, tortellini) in a deep ceramic plate. Cover with plastic lid. Stir occasionally during reheating and again before standing and serving.
Plated meal (chilled)	350 g	600 W	5 ½ -6 ½	3	Plate a meal of 2-3 chilled components on a ceramic dish. Cover with microwave cling-film.

۲

ENGLISH

MANUAL DEFROSTING

Microwaves are an excellent way of defrosting frozen food. Microwaves gently defrost frozen food in a short period of time. This can be of great advantage, if unexpected guests suddenly show up.

Frozen poultry must be thoroughly thawed before cooking. Remove any metal ties and take it out of any wrapping to allow thawed liquid to drain away.

Put the frozen food on a dish without cover. Turn over half way, drain off any liquid and remove any giblets as soon as possible.

Check the food occasionally to make sure that it does not feel warm.

If smaller and thinner parts of the frozen food start to warm up, they can be shield by wrapping very small strips of aluminium foil around them during defrosting.

Should poultry start to warm up on the outer surface, stop thawing and allow it to stand for 20 minutes before continuing.

Leave the fish, meat and poultry to stand in order to complete defrosting. The standing time for complete defrosting will vary depending on the quantity defrosted. Please refer to the table below.

Hint : Flat food defrosts better than thick and smaller quantities need less time than bigger ones. Remember this hint while freezing and defrosting food.

For defrosting of frozen food with a temperature of about -18 to -20 $^{\circ}\text{C},$ use the following table as a guide.

All frozen food should be defrosted using defrosting power level (180 W, \bigoplus_{0}^{**}).

Food	Portion	Time (min.)	Standing time (min.)	Instructions
Meat				
Minced beef Pork steaks	250 g 500 g 250 g	6½ -7½ 10 -12 7½ -8½	5-25	Place the meat on a flat ceramic plate. Shield thinner edges with
	200 9			aluminium foil.
				Turn over after half of defrosting time!

Food	Portion	Time (min.)	Standing time (min.)	Instructions
Poultry				
Chicken pieces Whole chicken	500 g (2 pcs) 900 g	14½- 15½ 28-30	15-40	First, put chicken pieces first skin-side down, whole chicken first breast-side- down on a flat ceramic plate. Shield the thinner parts like wings and ends with aluminium foil. Turn over after half of defrosting time!
Fish				
Fish fillets	200 g (2 pcs) 400 g (4 pcs)	6-7 12-13	5-15	Put frozen fish in the middle of a flat ceramic plate. Arrange the thinner parts under the thicker parts. Shield narrow ends with aluminium foil. Turn over after half of defrosting time!
Fruits				
Berries	250 g	6-7	5-10	Distribute fruits on a flat, round glass dish (with a large diameter).
Bread				
Bread rolls (each about. 50 g)	2 pcs 4 pcs	½-1 2-2½	5-20	Arrange rolls in a circle or bread horizontally on kitchen paper in the middle
Toast/ sandwich	250 g	41⁄2-5		of turntable. Turn over after half of
German bread (wheat + rye flour)	500 g	8-10		defrosting time!

()



GRILL

The grill-heating element is located underneath the ceiling of the cavity. It operates while the door is closed and the turntable is rotating. The turntable's rotation makes the food brown more evenly. Preheating the grill for 3-4 minutes will make the food brown more quickly.

Cookware for grilling:

Should be flameproof and may include metal. Do not use any type of plastic cookware, as it can melt.

Food suitable for grilling:

Chops, sausages, steaks, hamburgers, bacon and gammon rashers, thin fish portions, sandwiches and all kinds of toast with toppings.

Important remark:

Whenever the grill only mode is used, make sure that the grill-heating element is under the ceiling in the horizontal position and not on the back-wall in the vertical position. Please remember that food must be placed on the high rack, unless another instruction is recommended.

MICROWAVE + GRILL

This cooking mode combines the radiant heat that is coming from the grill with the speed of microwave cooking. It operates only while the door is closed and the turntable is rotating. Due to the rotation of the turntable, the food browns evenly. Three combination modes are available with this model: 600 W + Grill, 450 W + Grill and 300 W + Grill.

Cookware for cooking with microwave + grill

Please use cookware that microwaves can pass through. Cookware should be flameproof. Do not use metal cookware with combination mode. Do not use any type of plastic cookware, as it can melt.

Food suitable for microwave + grill cooking:

Food suitable for combination mode cooking include all kinds of cooked food which need reheating and browning (e.g. baked pasta), as well as foods which require a short cooking time to brown the top of the food. Also, this mode can be used for thick food portions that benefit from a browned and crispy top (e.g. chicken pieces, turning them over half way through cooking). Please refer to the grill table for further details.

Important remark:

Whenever the combination mode (microwave + grill) is used, make sure that the grill heating element is under the ceiling in the horizontal position and not on the back-wall in the vertical position. The food should be placed on the high rack, unless another instruction is recommended. Otherwise it has to be placed directly on the turntable. Please refer to the instructions in the following chart. The food must be turned over, if it is to be browned on both sides.

Grill Guide for frozen food

Use the power levels and times in this table as guide lines for grilling.

Fresh food	Portion	Power	1st side time (min.)	2nd side time (min.)	Instructions
Bread rolls (each ca. 50G)	2 pcs 4 pcs	MW+ Grill	300 W+ Grill 1-1½ 2-2½	Grill only 1-2 1-2	Arrange rolls in a circle on rack. Grill the second side of the rolls up to the crisp you prefer. Stand for 2-5 minutes.
Baguettes + topping (tomatos, cheese, ham, mushrooms)	250-300 g (2 pcs)	450 W + Grill	8-9	-	Put 2 frozen baguettes side by side on the rack. After grilling stand for 2-3 minutes.
Gratin (vegetables potatoes)	400 g	450 W + Grill	13-14	-	Put frozen gratin into a small, round glass pyrex dish. Put the dish on the rack. After cooking stand for 2-3 minutes.
Pasta (cannelloni, macaroni, lasagne)	400 g	MW + Grill	600 W+ Grill 14-15	Grill only 2-3	Put frozen pasta into a small flat rectangular glass pyrex dish. Put the dish directly on the turntable. After cooking stand for 2-3 minutes.
Chicken nuggets	250 g	450 W + Grill	5-5½	3-3½	Put chicken nuggets on the rack
Oven chips	250 g	450 W + Grill	9-11	4-5	Put oven chips evenly on baking paper on the rack.

ENGLISH

()

Grill Guide for fresh food

ENGLISH

۲

Preheat the grill with the grill-function for 4 minutes.

Use the power levels and times in this table as guide lines for grilling.

Fresh food	Portion	Power	1st side time (min.)	2nd side time (min.)	Instructions
Toast slices	4 pcs (each 25 g)	Grill only	4-5	41⁄2-51⁄2	Put the toast slices side by side on the rack.
Bread rolls (already baked)	2-4 pieces	Grill only	2-3	2-3	Put bread rolls first with the bottom side up in a circle directly on the turntable.
Grilled tomatoes	200 g (2 pcs) 400 g (4 pcs)	MW + Grill	300 W+ Grill 4½-5½ 7-8	Grill only 2-3	Cut tomatoes into halves. Put some cheese on top. Arrange in a circle in a flat glass pyrex dish. Place it on the rack.
Toast hawaii (pineapple, ham, cheese slices)	2 pcs (300 g)	450 W + Grill	31⁄2-4	-	Toast the bread slices first. Put the toast with topping on the rack. Put 2 toasts opposite directly on the rack. Stand for 2-3 minutes.
Baked potatoes	250 g 500 g	600 W + Grill	4½-5½ 8-9	-	Cut potatoes into halves. Put them in a circle on the rack with the cut side to the grill.

Fresh food	Portion	Power	1st side time (min.)	2nd side time (min.)	Instructions
Chicken pieces	450 - 500 g (2 pcs)	300 W + Grill	10- 12	12- 13	Prepare chicken pieces with oil and spices. Put them in a circle with the bones to the middle. Put one chicken piece not into the centre of the rack. Stand for 2-3 minutes.
Lamb chops/ beef steaks (medium)	400 g (4 pcs)	Grill only	12-15	9-12	Brush the lamb chops with oil and spices. Lay them in a circle on the rack. After grilling stand for 2-3 minutes.
Pork steaks	250 g (2 pcs)	MW +Grill	300 W + Grill 7-8	Grill only 6-7	Brush the pork steaks with oil and spices. Lay them in a circle on the rack. After grilling stand for 2-3 minutes.
Baked apples	1 apple (ca. 200 g) 2 apples (ca. 400 g)	300 W + Grill	4-4½ 6-7	-	Core the apples and fill them with raisins and jam. Put some almond slices on top. Put apples on a flat glass pyrex dish. Place the dish directly on the turntable.

28

۲

۲

SPECIAL HINTS

MELTING BUTTER

Put 50g butter into a small deep glass dish. Cover with plastic lid. Heat for 30-40 seconds using 850 W, until butter is melted.

MELTING CHOCOLATE

Put 100 g chocolate into a small deep glass dish. Heat for 3-5 minutes, using 450 W until chocolate is melted. Stir once or twice during melting. Use oven gloves while taking out!

MELTING CRYSTALLIZED HONEY

Put 20 g crystallized honey into a small deep glass dish. Heat for 20-30 seconds using 300 W, until honey is melted.

MELTING GELATINE

Lay dry gelatine sheets (10 g) for 5 minutes into cold water. Put drained gelatine into a small glass pyrex bowl. Heat for 1 minute using 300 W. Stir after melting.

COOKING GLAZE/ICING (FOR CAKE AND GATEAUX)

Mix instant glaze (approximately 14 g) with 40 g sugar and 250 ml cold water. Cook uncovered in a glass pyrex bowl for 3½ to 4½ minutes using 850 W, until glaze/icing is transparent. Stir twice during cooking.

COOKING JAM

Put 600 g fruits (for example mixed berries) in a suitable sized glass pyrex bowl with lid. Add 300 g preserving sugar and stir well.

Cook covered for 10-12 minutes using 850 W.

Stir several times during cooking. Empty directly into small jam glasses with twist-off lids. Stand on lid for 5 minutes.

COOKING PUDDING

Mix pudding powder with sugar and milk (500 ml) by following the manufacturers instructions and stir well. Use a suitable sized glass pyrex bowl with lid. Cook covered for 6½ to 7½ minutes using 850 W. Stir several times well during cooking.

BROWNING ALMOND SLICES

Spread 30 g sliced almonds evenly on a medium sized ceramic plate. Stir several times during browning for 3½ to 4½ minutes using 600 W. Let it stand for 2-3 minutes in the oven. Use oven gloves while taking out!

WHAT TO DO IF YOU ARE IN DOUBT OR HAVE A PROBLEM

If you have any of the problems listed below try the solutions given. This is normal.

- Condensation inside the oven.
- Air flow around the door and outer casing.
- Light reflection around the door and outer casing.
- Steam escaping from around the door or vents.

The oven does not start when you press the Start (1) button.

• Is the door completely closed?

The food is not cooked at all.

- Have you set the timer correctly and/or pressed the Start (1) button?
- Is the door closed?
- Have you overloaded the electric circuit and caused a fuse to blow or a breaker to be triggered?

The food is either overcooked or undercooked.

- Was the appropriate cooking length set for the type of food?
- Was an appropriate power level chosen?

The light bulb is not working.

The Light bulb should not be replaced in person for safety reasons.
 Please contact nearest authorised Samsung customer care, to arrange for a qualified engineer to replace the bulb.

Sparking and cracking occur inside the oven (arcing).

- Have you used a dish with metal trimmings?
- Have you left a fork or other metal utensil inside the oven?
- Is aluminum foil too close to the inside walls?

Smoke and bad smell when initial operating.

 It's a temporary condition by new component heating. Smoke and smell will disappear completely after 10 minutes operation.
 To remove smell more quickly, please operate microwave oven with putting lemon formation or lemon juice in the cabinet. $(\mathbf{ })$

The oven causes interference with radios or televisions.

- Slight interference may be observed on televisions or radios when the oven is operating. This is normal. To solve this problem, install the oven away from televisions, radios and aerials.
- If interference is detected by the oven's microprocessor, the display may be reset. To solve this problem, disconnect the power plug and reconnect it. Reset the time.
- If the above guidelines do not enable you to solve the problem, then contact your local SAMSUNG customer service centre. Please have the following information read;
 - The model and serial numbers, normally printed on the rear of the oven
 - Your warranty details
 - A clear description of the problem

Then contact your local dealer or SAMSUNG aftersales service.

TECHNICAL SPECIFICATIONS

SAMSUNG strives to improve its products at all times. Both the design specifications and these user instructions are thus subject to change without notice.

Model	GE83M	
Power source	230 V ~ 50 Hz	
Power consumption Microwave Grill Combined mode	1200 W 1100 W 2300 W	
Output power	100 W / 800 W (IEC-705)	
Operating frequency	2450 MHz	
Magnetron	OM75P(31)	
Cooling method	Cooling fan motor	
Dimensions (W x H x D) Outside Oven cavity	489 x 275 x 355 mm 330 x 211 x 324 mm	
Volume	23 liter	
Weight Net	13 kg approx	

GE83M BAL DE68-04151A-02 EN 131004.indd 30

· '			'
	МЕМО	МЕМО	
			ENGLISH
			Ī
۲			
Ŷ			
		31	
	GE83M_BAL_DE68-04151A-02_EN_131004.indd 31	\oplus	2013-10-04 🗉 6:55:23



QUESTIONS OR COMMENTS

COUNTRY	CALL	OR VISIT US ONLINE AT
BOSNIA	051 133 1999	www.samsung.com
BULGARIA	07001 33 11 , share cost tariff	www.samsung.com/bg
CROATIA	062 SAMSUNG (062 726 786)	www.samsung.com/hr
CZECH	800 - SAMSUNG (800-726786)	www.samsung.com
HUNGARY	06-80-SAMSUNG (726-7864)	http://www.samsung.com/hu
MONTENEGRO	020 405 888	www.samsung.com
POLAND	0 801-172-678* lub +48 22 607-93-33 ** [HHP] 0 801-672-678* lub +48 22 607-93-33** * (całkowity koszt połączenia jak za 1 impuls według taryfy operatora) ** (koszt połączenia według taryfy operatora)	www.samsung.com/pl
ROMANIA	08008 SAMSUNG (08008 726 7864) TOLL FREE No.	www.samsung.com/ro
SERBIA	011 321 6899	www.samsung.com/rs
SLOVAKIA	0800-SAMSUNG (0800-726-786)	www.samsung.com
LITHUANIA	8-800-77777	www.samsung.com/lt
LATVIA	8000-7267	www.samsung.com/lv
ESTONIA	800-7267	www.samsung.com/ee
RUSSIA	8-800-555-55-55	www.samsung.com

۲

Code No.: DE68-04151A-02

GE83M_BAL_DE68-04151A-02_EN_131004.indd 32

۲

2013-10-04 🗉 6:55:23